

SOCIAL EMOTIONAL LEARNING IN ACTION

BACK DROP

- **Experiential Learning:** students are actively engaged in concrete activities followed by reflection.
- **Developmentally Sequenced Activities:** students practice new behaviors in scaffolded curriculum in a supportive peer/educator environment.
- **Full Value Contract:** students co-create group norms that establish an atmosphere of caring & feeling valued/connected.
- **Collaborative for Academic, Social & Emotional Learning (CASEL)'s:** research shows that inclusion of ongoing social and emotional development programs in a school setting was found to positively affect academic achievement.

METHODS

- **Teacher Training:** Customized training at your site or Open Enrollment Workshops.
- **In-School Curriculum:** 36 sequenced lessons in easy to use format that explicitly address social and emotional competencies.

SHORT & MID TERM OUTCOMES

- Students actively participate in group & uphold the community norms expressed in the Full Value Contract.
- Students develop classroom community, trust, and support allowing for greater attachment to school.
- Students demonstrate the following **social-emotional competencies & personal assets:**
 - Self-Awareness
 - Goal Setting
 - Decision Making
 - Trust
 - Healthy Risk Taking
 - Healthy Relationships
 - Problem Solving
 - Conflict Resolution
 - Leadership
 - Effective Communication

LONG TERM BENEFITS

- Improved classroom behavior, ability to manage stress/depression, and attitudes toward self & community.
- Fewer conduct problems & less emotional distress.
- Development of key workforce skills such as empathy & teamwork.



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