



## Equine Assisted Learning

In the presence of a larger power, our own power may come into question. It is in exploring this question that we gain insight into ourselves and our connection to others. The power that clients are in the presence of in this workshop is a 1,000-pound horse that has its own agenda. This is not a riding class. Clients will partner with horses in the paddock as well as in the round pen. Previous experience with horses is not necessary nor is it essential that horses are handled.

### **What Can Be Explored? These are just a few topics...**

**Perception** – ‘We see the world, not how it is but how we are.’ Understanding our world view and how another perceives is essential in relationships.

**Presence** – Being intentional in regard to how we ‘show up’. As leaders, we are architects of energy. It is important to be deliberate in how we use our presence to create a culture that supports our outcomes.

**Intention** – We explore clarity on what we are trying to achieve and how to set the stage for success. Making it easier to do the right thing and harder to do the wrong takes more than just will.

**Influence** – How do we support brilliance and not just compliance? There are ways to motivate beyond the extrinsic ‘carrots and sticks’ methods and tap into the more powerful, sustainable intrinsic motivation.

### **Each program will be customized. Variables include....**

**Location:** On-site or off-site at a place of your choosing. We’ve hosted programs from Washington state to Florida.

**Number of Participants:** From individual coaching to programs with more than 100 attendees

**Participation:** From observing to playing polo

**Length:** From an hour to 5 days